

Skate Nova Scotia WinterSkate

January 23, 2026 to January 25, 2026

Queen's Place Emera Centre

Gold Women (Adult) - Free Skate

Rank	Name	Club	Element Score			Prog Comp Score			Bonus	Deductions			Score				
1	Bethanee Diamond	Bedford FSC,NS	12.79			21.89			0.00	0.00			34.68				
#	Executed Element	Base Value	GOE	J1	J2	J3	JREF						Score				
1	1F+1A+1T+SEQ	2.00	-0.08	0	0	-2	-	-	-	-	-	-1	-	-	1.92		
2	1A	1.10	-0.06	0	-1	0	-	-	-	-	-	-1	-	-	1.04		
3	FCSpB	1.60	0.00	0	0	0	-	-	-	-	-	0	-	-	1.60		
4	2S	1.30	-0.03	0	0	-1	-	-	-	-	-	0	-	-	1.27		
5	1Lo	0.50	0.05	1	1	1	-	-	-	-	-	1	-	-	0.55		
6	StSqB	1.50	0.11	1	1	1	-	-	-	-	-	0	-	-	1.61		
7	SSp2	1.60	0.20	1	2	1	-	-	-	-	-	1	-	-	1.80		
8	1Lz+1T	1.00	0.00	0	0	0	-	-	-	-	-	0	-	-	1.00		
9	CCoSp1	2.00	0.00	0	0	0	-	-	-	-	-	0	-	-	2.00		
12.79																	
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero			e - jump take-off (Flip/Lutz) with edge												
! - (singles & pairs) jump take-off (Flip/Lutz) with attention		! (dance) Choreo Element does not fulfil all requirements															
< - underrotated jump		< - (Key Points Dance) interruption					REP - repeated jump restriction										
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption					V - spin requirement not met										
EL - Extended Lift		EE - Extended Edge					F - Fall in Element										
Program Component		Factor															
Composition		2.67		2.50		2.50		2.75		-		-		-		7.02	
Presentation		2.67		2.75		2.75		3.00		-		-		-		7.69	
Skating Skills		2.67		2.50		2.75		2.75		-		-		-		7.18	
21.89																	

0.00