

2025 Nova Scotia Provincials

February 28, 2025 to March 2, 2025

Amherst Stadium

STAR 5 Men - Free Program

Rank	Name	Club	Element Score								Prog Comp Score			Bonus	Deductions		Score
1	Chris Pont	Halifax SC,NS	8.23								9.21			0.00	0.20		17.24
#	Executed Element	Base Value	GOE	J1	J2									JREF			Score
1	1Lz+1Lo	1.10	0.02	0	0	-	-	-	-	-	-	-	1	-	-	1.12	
2	1A+1T	1.50	-0.11	0	-1	-	-	-	-	-	-	-	-2	-	-	1.39	
3	FSSpB	1.70	-0.51	-3	-3	-	-	-	-	-	-	-	-3	-	-	1.19	
4	1F	0.50	0.02	0	0	-	-	-	-	-	-	-	1	-	-	0.52	
5	SpSqB	1.50	0.25	1	2	-	-	-	-	-	-	-	2	-	-	1.75	
6	1A	1.10	-0.55	-5	-5	-	-	-	-	-	-	-	-5	-	-	0.55	
7	CCoSpB (V)	1.28	-0.17	-1	-1	-	-	-	-	-	-	-	-2	-	-	1.11	
8	1Lz	0.60	0.00	0	0	-	-	-	-	-	-	-	0	-	-	0.60	
8.23																	
x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge																	
! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements																	
< - underrotated jump < - (Key Points Dance) interruption REP - repeated jump restriction																	
<< - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met																	
EL - Extended Lift EE - Extended Edge F - Fall in Element																	
Program Component		Factor															
Composition		0.00 - - - - - - - - - - - - - - 0.00															
Presentation		1.61 2.00 2.00 - - - - - - - - 2.25 - - 3.35															
Skating Skills		2.42 2.25 2.50 - - - - - - - - 2.50 - - 5.86															
9.21																	
1 Fall(s) factor (0.2)																	
0.20																	

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2	Jasper Anderson	St Margaret s Bay,NS	7.25										8.67	0.00	0.00	15.92
#	Executed Element	Base Value	GOE	J1	J2								JREF			Score
1	SpSqB	1.50	0.00	1	-1	-	-	-	-	-	-	-	0	-	-	1.50
2	1F	0.50	0.00	0	0	-	-	-	-	-	-	-	0	-	-	0.50
3	SSpB	1.10	0.00	0	0	-	-	-	-	-	-	-	0	-	-	1.10
4	1Lz	0.60	0.00	0	0	-	-	-	-	-	-	-	0	-	-	0.60
5	1A	1.10	-0.07	0	-1	-	-	-	-	-	-	-	-1	-	-	1.03
6	1Lo+1Lo	1.00	-0.02	0	0	-	-	-	-	-	-	-	-1	-	-	0.98
7	1A+1T	1.50	0.04	1	0	-	-	-	-	-	-	-	0	-	-	1.54
8	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
7.25																
x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge																
! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements																
< - underrotated jump < - (Key Points Dance) interruption REP - repeated jump restriction																
<< - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met																
EL - Extended Lift EE - Extended Edge F - Fall in Element																
Program Component Factor																
Composition 0.00 - - - - - - - - - - - - - - 0.00																
Presentation 1.61 2.00 2.00 - - - - - - - - 2.00 - - 3.22																
Skating Skills 2.42 2.25 2.00 - - - - - - - - 2.50 - - 5.45																
8.67																
0.00																

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Rank	Name	Club	Element Score				Prog Comp Score				Bonus	Deductions			Score
3	Aleksander Timmons	Halifax SC,NS	6.94				8.74				0.00	0.00			15.68

#	Executed Element	Base												JREF		Score
		Value	GOE	J1	J2											
1	SpSqB	1.50	0.05	0	1	-	-	-	-	-	-	-	-	0	-	1.55
2	1A<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
3	1F+1T	0.90	-0.02	0	0	-	-	-	-	-	-	-	-	-1	-	0.88
4	CCoSpB	1.70	-0.06	0	0	-	-	-	-	-	-	-	-	-1	-	1.64
5	1Lz(e)	0.48	-0.17	-3	-4	-	-	-	-	-	-	-	-	-4	-	0.31
6	SSpB	1.10	-0.04	0	0	-	-	-	-	-	-	-	-	-1	-	1.06
7	1Lo+1Lo	1.00	0.00	0	0	-	-	-	-	-	-	-	-	0	-	1.00
8	1F	0.50	0.00	0	0	-	-	-	-	-	-	-	-	0	-	0.50

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! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements
< - underrotated jump < - (Key Points Dance) interruption REP - repeated jump restriction
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EL - Extended Lift EE - Extended Edge F - Fall in Element

Program Component	Factor															
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.61			2.25	2.50	-	-	-	-	-	-	2.50	-	-		3.90
Skating Skills	2.42			2.00	2.00	-	-	-	-	-	-	2.00	-	-		4.84
																8.74

0.00

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4	Tony Nguyen	Sackville (NS) SC,NS	7.19								7.87		0.00	0.00		15.06
#	Executed Element	Base				JREF										Score
		Value	GOE	J1	J2											
1	1Lz	0.60	-0.02	0	0	-	-	-	-	-	-	-	-1	-	-	0.58
2	1F+1Lo	1.00	0.00	0	0	-	-	-	-	-	-	-	0	-	-	1.00
3	CCoSpB (V)	1.28	-0.22	-2	-2	-	-	-	-	-	-	-	-1	-	-	1.06
4	1A<	0.88	-0.35	-3	-5	-	-	-	-	-	-	-	-4	-	-	0.53
5	SpSqB	1.50	0.10	1	0	-	-	-	-	-	-	-	1	-	-	1.60
6	1Lo+1T	0.90	-0.02	0	0	-	-	-	-	-	-	-	-1	-	-	0.88
7	1S	0.40	0.00	0	0	-	-	-	-	-	-	-	0	-	-	0.40
8	SSpB	1.10	0.04	1	1	-	-	-	-	-	-	-	-1	-	-	1.14
																7.19
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero				e - jump take-off (Flip/Lutz) with edge										
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< - underrotated jump		< - (Key Points Dance) interruption						REP - repeated jump restriction								
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption						V - spin requirement not met								
EL - Extended Lift		EE - Extended Edge						F - Fall in Element								
Program Component		Factor														
Composition		0.00				-	-	-	-	-	-	-	-	-	-	0.00
Presentation		1.61				2.00	2.00	-	-	-	-	-	2.00	-	-	3.22
Skating Skills		2.42				2.00	1.75	-	-	-	-	-	2.00	-	-	4.65
																7.87
																0.00

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5	Kosta Kakamousias	Halifax SC,NS	5.61										8.68	0.00	0.20		14.09
#	Executed Element	Base Value	GOE	J1	J2								JREF				Score
1	1Lz	0.60	-0.12	-1	-1	-	-	-	-	-	-	-	-4	-	-		0.48
2	1F+1T	0.90	0.00	0	0	-	-	-	-	-	-	-	0	-	-		0.90
3	1A<	0.88	-0.44	-5	-5	-	-	-	-	-	-	-	-5	-	-		0.44
4	CSpB	1.10	-0.26	-3	-1	-	-	-	-	-	-	-	-3	-	-		0.84
5	1F	0.50	-0.05	-1	-1	-	-	-	-	-	-	-	-1	-	-		0.45
6	SpSqB	1.50	0.00	0	-1	-	-	-	-	-	-	-	1	-	-		1.50
7	1Lo+1Lo	1.00	0.00	0	0	-	-	-	-	-	-	-	0	-	-		1.00
8	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-		0.00
x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge																	5.61
! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements																	
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EL - Extended Lift EE - Extended Edge F - Fall in Element																	
Program Component Factor																	
Composition 0.00 - - - - - - - - - - - - - - 0.00																	
Presentation 1.61 2.25 2.50 - - - - - - - - 2.75 - - 4.03																	
Skating Skills 2.42 1.75 1.75 - - - - - - - - 2.25 - - 4.65																	
8.68																	
1 Fall(s) factor (0.2)																	0.20