

PART C: INTERPRETIVE ARTISTIC FREE SKATING EVENTS

Background: Interpretive Artistic free skating programs are designed by the skaters and/or coach and focus on the skater's ability to interpret music to create a clear mood/theme or create a story through skating movement. A variety of skating moves should be selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Movements should not be merely a collection of pleasing or spectacular moves assembled to popular music for the purpose of entertaining an audience (exhibition/show programs). Costumes must be **simple and modest** to enhance the interpretation and must **not be theatrical** in nature. Props of any kind are not permitted. An interpretive solo artistic program is intended through its process to increase body and choreographic vocabulary and awareness, by meeting specific content criteria. The criteria include:

- • Compositional form/development of theme (e.g., a completed idea)
- • Dynamics (e.g., sustained, collapse, sharp, smooth)
- • Use of space (e.g., planes, directions, indirect, asymmetric shapes)
- • Use of full body (e.g., torso, head, hands, legs, feet)
- • Use of music (e.g., phrasing, style, awareness, and sensitivity to musical elements while performing)

NOTE: In the Open Adult Interpretive Artistic Partner category:

- Overhead lifts are not permitted and will be considered as an illegal element
- • Small dance lifts which may be either ascending and descending or rotational in character, in which the lifting partner does not raise their hands higher than the shoulder level are permitted

Event	Recommended Skating Level	Program Time
Adult Introductory	For skaters approximately at the Intro Open Free Skating category level	One Artistic program maximum of 2:00 1:30 minutes (+/- 10 sec.) in length
Interpretive Artistic Free Skating		One Interpretive program maximum of 3:00 minutes in length; time may be shorter
Adult Bronze Interpretive Artistic Free Skating	For skaters approximately at the Bronze Free Skating level	
Adult Silver Interpretive Artistic Free Skating	For skaters approximately at the Silver Free Skating level	
Adult Gold Interpretive Artistic Free Skating	For skaters approximately at the Gold and/or Masters Free Skating level	