

## 2023 CANADA GAMES APPLICATION of INTEREST

NAME: \_\_\_\_\_

Skate Canada #: \_\_\_\_\_ Home Club: \_\_\_\_\_

Category participating in:    singles        pairs        dance

e-mail: \_\_\_\_\_

Best phone number(s) to be used: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Coach: \_\_\_\_\_

Coach e-mail: \_\_\_\_\_

Please include a detailed yearly plan including, but not limited to the following:

- Competitions to be attended and where:
- Off ice programs (what type, how often, delivered by whom):
- Sport science persons used regularly (what type, how often, delivered by whom):
- Days/hours on the ice in each season and where:
- Any other information you feel is important to your success in skating:

An e-transfer of \$100.00 for the application fee must be sent to [skatecanadans@sportnovascotia.ca](mailto:skatecanadans@sportnovascotia.ca) by May 20<sup>th</sup>

The application must also be sent to [skatecanadans@sportnovascotia.ca](mailto:skatecanadans@sportnovascotia.ca)