



SATURDAY January 18th, 2020

HOST:

Halifax & Bedford Skating Clubs

LOCATION:

BMO Centre

61 Gary Martin Drive

Bedford, NS B4B 0G7

Sanctioned by Skate Canada. Rules in accordance with Skate Canada.

ELIGIBILITY TO COMPETE

(From Skate Canada Rule 5401)

Entrants in events shall be:

Eligible persons as defined in Skate Canada Rule Book Section 2100 - Associate Members in good standing of the Association

QUALIFICATIONS FOR ENTRY

AGE PREREQUISITES: For competitors entering the requirements for age are as of July 1st 2019.

Skaters may 'skate-up' one level above their test qualifications.

ENTRIES AND FEES

REGISTRATION WILL BE LIVE November 29th to December 6th 2019 at skatecanadans.uplifterinc.com. All entries must be completed online through the Skate Canada Nova Scotia Uplifter link. NO late entries will be accepted. NO refunds will be issued. Entry fees are:

\$75.00 per skater for STAR 1

\$100.00 per skater for STAR 2 & 3 Free Skate

\$40.00 per skater for Elements Events

\$40.00 per Team for Team Events

\$40 Synchro Elements

Payment by credit card at the time of registration. **Late entries will not be accepted. Refunds will not be issued.**
Entries will be accepted on a first come first served basis.

Registering with Uplifter:

- Go to skatecanadans.uplifterinc.com
- You will be asked to set up an account if you do not already have one with your club, the message you will see is "You must login or create an account to register for events."
- As you are registering at the bottom of the page you will see "Message Lists" click yes to all, to make sure that you will receive e-mails regarding the schedule and order of skate.
- Now register each of the skaters in your family
- Once all the skaters in your family are added you can then proceed to STAR 1-3 registration
- Click on the black banner. On the registration page click on the category you are looking for and then click on REGISTER for that event
- Event, then category, fill in the necessary information then confirm.

- Please contact skatecanadans@sportnovascotia.ca or 902-425-5454 ext 336 if you are having difficulty registering

LIABILITY

The Halifax & Bedford Skating Clubs and the organizers of this competition undertake no responsibility for damages or injuries suffered by the skaters. As a condition of and in consideration of their entries therein, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injury to the competitor's person and property resulting from, caused by, or connected with the conduct and management of the competition and to release any and all claims which they may have against the officials, the Association and the organizers holding the competition and against their officers, and, their entries shall only be accepted on this condition.

Should this competition be cancelled for any reason, an administration fee will be charged (\$15.00) and deducted from the returning entry fees.

AWARDS

STAR 1 to 3 categories: certificates and ribbons will be presented to all skaters. Elements and team categories all skaters will receive ribbons.

SCHEDULE OF EVENTS

A tentative Schedule of Events will be sent to each competitor as the formal receipt and acknowledgment of entry after event registration is closed. The competition will not run more than 30 minutes early.

EVENTS

Please check the Skate Canada website www.info.skatecanada.ca and the Skate Canada Nova Scotia website www.skatecanada.ns.ca for details on categories.

FREESKATE:	STAR 1	STAR 2	STAR 3
ELEMENTS		STAR 2	STAR 3
TEAM		STAR 2	STAR 3
SYNCHRO	BEGINNER I	– teams may consist of 4 to 8 skaters	
	Linear element (block)		
	Linear element (line)		
	Intersection element		
	Rotating element (circle or wheel)		

REGISTRATION

Registration will take place throughout the day at the arena. Time of registration will begin 1 hour before the competition.

CONDUCT OF COMPETITORS (Rule 7301(5))

Competitors are bound to obey implicitly the instructions of the officials in charge of the competition. A competitor, who directly or indirectly expresses her/himself in an improper manner regarding the officials or their decisions, or regarding the marking of the judges, may be suspended and/or excluded from further competition.

MUSIC

GENERAL

- All music used must be in the public domain or covered by the Performing Rights Society.
- Competitors who have music composed especially for their programs, either in whole or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio and television, or appropriate clearance from the Performing Rights Society.

MEDIUM

- Each compact disc shall be a standard CD-R compact disc and enclosed in a single transparent plastic CD case. (DO NOT use CD-RW)
- Music on CD must be in wav format. (NOT mp3, iTunes or DVD format)
- Skaters should keep a CD in a safe place for use at COMPETITIONS ONLY.
- Each skater or team shall register 2 copies of each program, one marked MASTER and the other marked BACK UP.
- CD's will be the ONLY format used at NS competitions for the 2018 - 2019 skating season.
- Recommendation: Each skater or team to carry another copy of his or her music at rink side.

LABELING

- CD's and their cases must have the following clearly printed:
 - Skater's or Team's name
 - category name
 - total music time (not skating time)
 - Home Club
- Label should be on the CD case back insert ONLY. CD must be visible in front of case.
- Identify CD by writing on front using a permanent marker. Do not use ballpoint pen. Use of a fine or medium point Sharpie is OK.
- DO NOT write on recorded side of CD
- DO NOT apply STICK ON Labels to CD.
- The music information as required on the Entry Form must be completed in detail as applicable.

RECORDING SPECIFICATIONS

- Only one program (*using one track only*) shall be recorded on each CD.
 - Music shall be recorded on CD so that it starts within not less than 0.25 second and not more than 0.5 second after PLAY button is pressed on CD player
 - Music shall be recorded at equal levels on both left and right channels in stereo
 - Music recording levels shall be a maximum of 0VU and a minimum of -8VU
- ** Please note that after a skaters name is announced, they have NO longer than 20 seconds to begin their program.

COACHES ACCREDITATION

Coaches must be a minimum of NCCP Regional Coach Trained and must be a current Professional Coaching Member of Skate Canada in Good Standing.

All such Fully Certified Coaches must ensure that they have proof of Skate Canada Registration at all times during the competition.