

2019 ATLANTIC CANADA SKATING CHAMPIONSHIPS

Practices Keith Miller		Practices Rink B	
Friday March 29th 2019		Friday March 29th 2019	
11:30 - 11:50	PEI Practice #1	11:45 - 12:05	NS Practice #1
11:50 - 12:10	PEI Practice #2	12:05 - 12:25	NS Practice #2
12:30 - 2:00	Officials Stand Set Up	12:25 - 12:45	NS Practice #3
2:10 - 2:30	NFLD Practice # 1	12:45 - 1:00	FLOOD
2:30 - 2:45	FLOOD	1:00 - 1:20	NS Practice #4
2:45 - 3:05	NFLD Practice # 2	1:20 - 1:40	NS Practice #5
3:05 - 3:25	NFLD Practice # 3	1:40 - 2:00	NS Practice # 6
3:25 - 3:45	NFLD Practice # 4	2:00 - 2:15	FLOOD
3:45 - 4:00	FLOOD	2:15 - 2:35	NS Practice #7
4:00 - 4:20	NFLD Practice # 5	2:35 - 2:55	NB Practice #1
4:20 - 4:40	NFLD Practice # 6	2:55 - 3:15	NB Practice #2
4:40 - 5:00	NFLD Practice # 7	3:15 - 3:30	FLOOD
		3:30 - 3:50	NB Practice #3
		3:50 - 4:10	NB Practice #4
		4:10 - 4:30	NB Practice #5

		skaters	warm ups	warm up time	
Friday March 29					
6:15 - 6:30	PreNovice Men Short	2	1	6	
6:30 - 7:40	PreNovice Women Short	12	2	6	
7:40 - 8:20	Novice Women Short	7	1	6	
Saturday March 30					
9:00 - 10:20	Star 5 U13	17	3	5	
10:20 - 11:30	Star 5 U10	13	2	5	
11:30 - 11:45	Welcoming Ceremonies	off ice			
11:30 - 11:45	Flood				
11:45 - 12:15	PreJuvenile Men U13 / PreNovice Men Free	3+2	1	5	
12:15 - 12:45	Star 6 Men/Star 5 Men U10	2+4	1	5	
12:45 - 1:10	Star 5 Men U19	5	1	5	
1:10 - 1:25	Flood				
1:25 - 2:40	PreNovice Women Freeskate	12	2	6	
2:40 - 3:20	Novice Women Freeskate	7	1	6	
3:20 - 3:35	Flood				
3:35 - 5:20	Star 5 U19	20	3	5	
5:20 - 5:35	Flood				
5:35 - 7:10	Star 6	19	3	5	
7:10 - 7:25	Flood				
7:25 - 8:35	Star 10	12	2	5	
Sunday March 31					
8:30 - 9:10	Gold Women	7	2	5	
9:10 - 10:20	Juvenile Women U14	12	2	5	
10:20 - 10:35	Flood				
10:35 - 12:00	PreJuvenile Women U11	16	2	5	
12:00 - 1:35	PreJuvenile Women U13	17	3	5	
1:35 - 1:50	Flood				
1:50 - 3:00	Juvenile Women U12	13	2	5	
3:00 - 4:35	Star 8	17	3	5	
Medals will be given out at floods and at the end of the day Saturday & Sunday					