

# 2019 Sectionals

## November 3rd & 4th Amherst Nova Scotia

as of October 10th

### Saturday November 3rd 2018

#### PRACTICE

8:30 - 8:50	Star 7 Women
8:50 - 9:10	Star 7/Pre Novice/Novice Men
9:10 - 9:30	Pre Novice Women 1 - 12
9:30 - 9:45	Flood
9:45 - 10:05	Pre Novice Pattern Dance
10:05 - 10:25	Pre Novice Women 13 - 25

#### 10:25 - 10:40 WELCOMING CEREMONIES

#### 10:40 - 10:55 FLOOD

#### COMPETITION

<b>10:55 - 11:55</b>	<b>STAR 7 WOMEN</b>
<b>11:55 - 12:10</b>	<b>STAR 7 MEN</b>
<b>12:10 - 12:35</b>	<b>PRE NOVICE MEN &amp; NOVICE MEN</b>
12:35 - 12:50	FLOOD
<b>12:50 - 1:05</b>	<b>PRE NOVICE PATTERN DANCE</b>
<b>1:05 - 3:35</b>	<b>PRE NOVICE WOMEN SHORT</b>
3:35 - 3:50	FLOOD

#### PRACTICE

3:50 - 4:10	Pre Novice Free Dance
4:10 - 4:30	Pre Juvenile Women/Juvenile Men
4:30 - 4:50	Juvenile Women
4:50 - 5:10	Novice Women/Junior Women
5:10 - 5:25	FLOOD

#### COMPETITION

<b>5:25 - 5:40</b>	<b>PRE NOVICE FREE DANCE</b>
<b>5:40 - 6:10</b>	<b>PRE JUVENILE WOMEN U11</b>
<b>6:10 - 6:45</b>	<b>PRE JUVENILE WOMEN U13</b>
<b>6:45 - 7:25</b>	<b>JUVENILE MEN &amp; JUVENILE WOMEN U12</b>
7:25 - 7:40	FLOOD
<b>7:40 - 8:20</b>	<b>JUVENILE WOMEN U14</b>
<b>8:20 - 8:50</b>	<b>NOVICE WOMEN SHORT</b>
<b>8:50 - 9:15</b>	<b>JUNIOR WOMEN SHORT</b>

## Sunday November 4th 2018

### PRACTICE

8:00 - 8:20	Pre Novice/Novice Men
8:20 - 8:40	Pre Novice Women 1-12
8:40 - 9:00	Pre Novice Women 13-25
9:00 - 9:20	Novice/Junior Women
9:20 - 9:35	Flood

### COMPETITION

<b>9:35 - 10:00</b>	<b>PRE NOVICE MEN FREESKATE</b>
	<b>NOVICE MEN FREESKATE</b>
<b>10:00 - 10:40</b>	<b>NOVICE WOMEN FREESKATE</b>
<b>10:40 - 11:10</b>	<b>JUNIOR WOMEN FREESKATE</b>
<b>11:10 - 2:30</b>	<b>PRE NOVICE FREE PROGRAM</b>
	<b>flood (break) after 2nd group</b>

Remember the time changes Saturday night we gain 1 hour

If the events are running ahead, we will start on the scheduled time after each flood.

Planned program sheets are due to skatecanadans@sportnovascotia.ca no later than October  
19th