

KAREN NORMAN MEMORIAL FUNSKATE

March 18th, 2018

Sanctioned by Skate Canada

HOST: Greenwood Skating Club - Greenwood, NS

LOCATION: 14 Wing Greenwood, Greenwood Gardens

TRAVEL DIRECTIONS: Hwy 101 West from Halifax use exit 17E and East from Yarmouth use exit 17W, and proceed to 14 Wing Greenwood via Town of Kingston. (Please Note: As Greenwood Gardens Arena is on a military base all adults may require photo ID at security gate.)

FACILITIES: The ice surface is 178 X 78 feet.

CHAIRPERSON: LeeAnn White-Young & Gloriann Cox

ELIGIBILITY: Skaters must be registered members of Skate Canada for the 2017-2018 season.

Entries will be accepted on a first-come, first-served basis. The Committee reserves the right to limit entries in categories as necessary. Skaters may register for a maximum of three events in addition to participating in a team event. *In case of a large number of entries in any one category, the entries will be drawn into flights, by age if possible, with each flight being a final. If there is only one entry in any category, it may be cancelled and the entry fee refunded. The skater will have the option to skate in the next level category.*

ENTRY FEES:

One Event -	\$20.00 per skater (\$10.00 if entering speed only)
Two Events -	\$25.00 per skater
Three Events -	\$30.00 per skater
Four Events -	\$35.00 per skater
Team Event -	\$ 5.00 per skater (20\$ per team)

***Cheques or Money orders/cash(NO EMT) must be made payable to "**Greenwood Skating Club**" and must be dated **no later than February 21st,2018**.Refunds are subject to a \$5.00 administration fee and there will be no refunds after March 1st,2018.

SEND ENTRIES TO: Greenwood Skating Club
Box 1180
Greenwood, N.S. B0P 1N0

CLOSING DATE: Entries must be received no later than Feb. 21st, 2018

LIABILITY: It should be noted that all competitors, their coaches, families, and guests waive all claims as to accidents, injury, and loss of personal property, on behalf of the host club, the competition committee, and officials of and at the competition.

GREENWOOD SKATING CLUB
KAREN NORMAN MEMORIAL SKATE

SCHEDULE: A schedule of events will be forwarded to the skaters clubs, coaches and those who have provided e-mail addresses as soon after February 21st 2018 as possible.

TEST AND AGE REQUIREMENTS: All test and age requirements are as of **February 21st 2018** (inclusive).

GENDER: All single events are open to men and ladies.

REGISTRATION: A registration desk will be set up at the Arena. All competitors, coaches, and officials are required to register upon arrival at the arena. Registration will commence one hour prior to the first event of the day. Upon registration, each competitor and his/her coach or chaperone will receive identification which must be retained and used as a pass for the duration of the competition.

MARKING: Closed marking will be used throughout the competition.

AWARDS: **Canskate categories (Elements / Solo / Team / Improvisation)**
Skaters skills will be assessed according to the Skate Canada Standards Guide. Awards will consist of Gold, Silver, Bronze and Merit assessments.

Points will be awarded according to the levels awarded in each event. A club trophy will be awarded to the club with the most points based on the following:

Gold	Four points
Silver	Three points
Bronze	Two points
Merit	One point

NOTE: TO ALL CLUBS AND PROGRAM ASSISTANTS

Clubs are requested to ensure this information is passed on to their Program Assistants.

The Greenwood Skating Club invites **all Program Assistants** and/or Senior level skaters
12 years of age or older to come and judge our competition.

If you are interested, please contact, CHERYLE GASTON at (902) 824-2882, or
isk8coachcher@gmail.com

no later than **February 28th, 2018.**

A judges briefing will be provided for the Program Assistants **one hour prior to the start of the event.**

GREENWOOD SKATING CLUB

KAREN NORMAN MEMORIAL FUNSKATE

CANSKATE ELEMENTS

Note: Skaters may enter only **one (1) Canskate “Elements” category**. Skaters who are currently enrolled in a Canskate program are eligible for the following categories. Where possible, skaters will be grouped by age in their respective categories.

Event #PC (Pre-Canskate)

1. Walking forward. - (duck walk).
2. Walking Backward.
3. Walking around on the spot.
4. Two-foot jump on spot.

Event # 1 (Stage 1)

1. Forward push/glide sequence
2. Snow slide steps
3. Two foot jump while gliding forward.
4. Backward 2-ft skating/walking

Event # 2 (Stage 2)

1. Fwd stop
2. Forward 2 foot sculling
3. Fwd 2-ft turn (CW or CCW – skater’s choice)
4. Backward Two foot sit glide.

Event # 3 (Stage 3)

1. Fwd circle thrusts (CW or CCW – skater’s choice)
2. Bwd 2-ft jump
3. 2-ft quick turn fwd to bwd and bwd to fwd (CW or CCW – skater’s choice)
4. Bwd 2-ft Sculling

Event # 4 (Stage 4)

1. Backward circle thrusts (CW or CCW – skater’s choice)
2. Bwd 360* step turn (CW or CCW – skater’s choice)
3. 2-ft jump fwd to bwd and bwd to fwd (CW or CCW – skater’s choice)
4. Fwd inside slalom

Event # 5 (Stage 5)

1. Fwd 2-ft side stop (CW or CCW –skater’s choice)
2. Bwd push-glide sequence, full perimeter (CW or CCW –skater’s choice)
3. Fwd power jump
4. Fwd crosscuts – figure 8

Event # 6 (Stage 6)

1. Fwd 1-ft side stop (L or R – skater’s choice)
2. Bwd perimeter skating with crosscuts (direction determined by draw)
3. Fwd 189* step turn (mohawk) (RFI-LBI or LFI-RBI – skater’s choice)
4. Fwd outside edges

Event #9 JUNIOR STARSKATE ELEMENTS EVENT

Skaters passed Stage 6 and may not have passed the complete Skate Canada Star 3 Freeskate Test.

Skaters may enter only one elements event. Each skater performs all elements.

GROUP #1 Elements to be skated

Elements 1A	7 years of age or younger	Star 1 circle stroking
Elements 1B	8-10 years of age	Waltz Jump
Elements 1C	11-18 years of age	Forward Upright Spin Forward Spirals on a circle (one on each foot)

GROUP #2 Elements to be skated

Elements 2A	7 years of age or younger	Salchow
Elements 2B	8-10 years of age	Waltz Jump + Toeloop Combination
Elements 2C	11-18 years of age	Forward Upright Spin Forward Spirals on a circle (one on each foot)

GROUP #3 Elements to be skated

Elements 3A	8 years of age or younger	Loop Jump
Elements 3B	9-10 years of age	Flip Jump
Elements 3C	11-18 years of age	Sit Spin Forward Spirals on a circle (one on each foot)

GROUP #4 Elements to be skated

Elements 4A	8 years of age or younger	Loop + Loop Jump Combination
Elements 4B	9-10 years of age	Lutz Jump
Elements 4C	11-18 years of age	Upright BackSpin Forward Spirals on a circle (one on each foot)

EVENT #10 STARSKATE TEAM EVENT

Teams of 3-4 skaters may enter = 1 team event per team, appropriate to the test level of the highest test skater. Team members may be from one club or from different clubs. When registering, teams must include a team name. Each skater performs up to two (2) different elements

Level 1 Team (No team member passed any portion of the Star 2 Freeskate Test)

- Elements:
1. Star 1 circle stroking
 2. Waltz Jump
 3. Toe Loop Jump
 4. Salchow
 5. 1 Foot Spin
 6. Backspin
 7. Forward Spirals on a circle (one on each foot)

Level 2 Team (No team member passed any portion of Star 3 Freeskate Test):

- Elements:
1. Star 2 3-turn exercise (4 turns)
 2. Waltz Jump + Toe Loop Combination
 3. Salchow Jump
 4. Loop + loop jump Combination
 5. Sit Spin or Camel Spin
 6. 1-foot Upright Backspin
 7. Forward Spirals on a circle (one on each foot)

Level 3 Team (Highest Test skater passed no higher than complete Star 3 Freeskate Test)

- Elements:
1. Flip Jump
 2. Lutz Jump
 3. Loop + Loop Combination
 4. Backward 1 foot Spin
 5. Camel + Sit Spin Combination
 6. Forward Spirals on a circle (one on each foot)
 7. 1 field move from list – Y grab / Spread eagle or Ina Bauer / Back Shoot the Duck

Level 4 Team (No Test restriction)

- Elements:
1. Lutz Jump
 2. Axel Jump
 3. Any Double jump
 4. Lutz/Toe Loop Combination Jump
 5. Sit Spin
 6. Camel Spin
 7. Flying Spin
 8. Sequence of 3 Field moves.

EVENT # 11 FREESKATE IMPROVISATION

This event is great fun for all!!! Groups of skaters will perform improvised performances to a piece of music while they are warming up on the ice. It will play 3 times. During the 3rd playing of the music, the judges will pick the top 3 performers.

Our skaters are very imaginative and this event is a great venue for that. It is also very entertaining for the audience. Music pieces will be approximately 1 minute in length – skaters will be evaluated on their artistry and not on technical content. Silliness is recommended!

GROUP A – Stage 6-Star 1 LEVEL - SKATERS MAY NOT HAVE PASSED THE STAR 1 FREESKATE TEST

GROUP B – STAR 2-3 – SKATERS MAY HAVE PASSED THE COMPLETE STAR 3 FREESKATE TEST BUT NO HIGHER TEST.

GROUP C – STAR 4 AND UP – ANY SKATER PASSED THE COMPLETE STAR 3 FREESKATE TEST OR HIGHER

FLAMINGO FAN CLUB



BE A MEMBER OF
THE 2018
KAREN NORMAN FLAMINGO FAN CLUB

YOUR CHILD CAN BE RECOGNIZED AS A MEMBER OF THE 2018 FLAMINGO FAN CLUB.

PLEASE FILL OUT THIS FORM AND SEND IT WITH YOUR APPLICATION FORM OR SEPARATELY TO:

THE GREENWOOD SKATING CLUB
PO Box 1180, Greenwood, N.S. B0P1N0

YOUR CHILD WILL RECEIVE THE FOLLOWING:

- THEIR NAME LISTED AS A MEMBER OF THE FAN CLUB IN THE OFFICIAL PROGRAM
- THEIR NAME WILL BE POSTED ON A SPECIAL DISPLAY AT THE COMPETITION SITE AND THEY WILL BE ABLE TO TAKE THEIR KEEPSAKE HOME
- THEIR NAME ENTERED FOR A SPECIAL DRAW DURING THE COMPETITION

SKATERS NAME _____

HOME CLUB _____

GOOD LUCK FROM _____

KAREN NORMAN MEMORIAL FUNSKATE 2018 MARCH 18th 2018
APPLICATION FORM-SINGLES EVENTS

Skater's Name _____ [] Female [] Male

Date of Birth _____ Age _____ Home Club Name _____

Skate Canada Registration Number _____

Last badge completed _____ Highest Freestyle test _____

- | Event Entered: | Stage: |
|---------------------------------|--|
| <u>CANSKATE ELEMENTS</u> | |
| _____ #PC | Pre Canskate – no badge passed |
| _____ #1 | Stage 1 (no badge passed) |
| _____ #2 | Stage 2 (passed Stage 1) |
| _____ #3 | Stage 3 (Passed Stage 2) |
| _____ #4 | Stage 4 (Passed Stage 3) |
| _____ #5 | Stage 5 (Passed Stage 4) |
| _____ #6 | Stage 6 (Passed Stage 5) |
| _____ #7 | <u>CANSKATE SPEED EVENT</u> – (Canskate program) |
| _____ # 8 (A) (B) (C) | <u>CANSKATE ELEMENT SOLO</u> (see event description for requirements) |
| _____ #9 (1) A B C | <u>JUNIOR STARSKATE ELEMENTS</u> (see event description) |
| _____ (2) A B C | |
| _____ (3) A B C | |
| _____ (4) A B C | |
| _____ #10 (1) (2) (3) (4) | <u>STARSKATE TEAM EVENT</u> |
| _____ #11 (A) (B) | <u>FREESKATE IMPROVISATION</u> (see event description) |

ENTRY FEES:

- _____ **SPEED ONLY \$10.00 per skater**
- _____ **One Event \$20.00 per skater (Canskate Element/Element solo/Junior Element/Freeskate Improvisation)**
- _____ **Two Events \$25.00 per skater (any two individual events)**
- _____ **Three Events \$30.00 per skater (any three individual events)**
- _____ **Four Events \$35.00 per skater (any four events)**

Coach's Name _____

Mother's name _____ Father's name _____

Mailing Address: _____
Street Address / PO Box

_____ Town Province Postal Code

E-mail address: _____

Telephone :(home) _____ (work) _____

Signature of Parent/Guardian: _____

Signature of CanSkate Coach or Coordinator required: _____

Mail application to: Karen Norman Competition PO Box 1180, Greenwood, N.S. B0P 1N0
Make cheques payable to Greenwood Skating Club - No post-dated cheques accepted

KAREN NORMAN MEMORIAL MARCH 18th 2018
APPLICATION FORM-TEAM EVENTS
TEAM EVENT REGISTRATION FORM - FEBRUARY 21st 2018

** FEE must be submitted before February 21st 2018 **
Make cheques payable to ***Greenwood Skating Club*** - No post-dated cheques accepted

Team Name _____

Team Contact _____

Home Club _____

Events: ****Note:** *Entry fee is \$5.00/skater*

Team Event

Event # 10 - Level 1 _____ Level 2 _____ Level 3 _____ Level 4 _____ (check one)

<i>Skaters Names</i>	<i>Skate Canada Registration Number</i>

*****NOTE: APPLICATION FORM TO BE SUBMITTED BY TEAM CONTACT WITH PAYMENT**

Mail application to:

**Karen Norman Competition
PO Box 1180, Greenwood, N.S.
B0P1N0**