



2017-2018 Synchronized Skating Program Elements

The following is the provisional list of elements for Domestic Synchronized Skating. Junior and Senior levels follow ISU rules and regulations as communicated for the 2017-2018 season.

Beginner I (Assess to Standard):

- Pivoting Element (Block)
- Linear Element (Line)
- Intersection Element
- Choice of: Rotating Element (Wheel) or Rotating Element (Circle)

Beginner II (Assess to Standard):

- Pivoting Element (Block)
- Rotating Element (Circle)
- Linear Element (Line)
- Rotating Element (Wheel)
- Intersection Element

Elementary (Assess to Standard):

- Pivoting Element (Block)
- Rotating Element (Circle)
- Linear Element (Line)
- Rotating Element (Wheel)
- Intersection Element

- Pre-Juvenile:**
- Pivoting Element (Block)
 - Rotating Element (Wheel)
 - Linear Element (Line)
 - Rotating Element (Circle)
 - Intersection Element

- Juvenile:**
- Pivoting Element (Block)
 - Traveling Element (Circle)
 - Rotating Element (Wheel)
 - Intersection Element + Point of Intersection
 - Move Element
 - No Hold Element + Step Sequence

- Pre-Novice:**
- Pivoting Element (Block)
 - Traveling Element (Circle)
 - Intersection Element + Point of Intersection
 - Move Element
 - No Hold Element + Step Sequence
 - Choice of: Linear Element (Line) or Rotating Element (Wheel)
 - Choice of: Creative Element or Combined Element



Novice:

- Pivoting Element (Block)
- Traveling Element (Circle)
- Intersection Element + Point of Intersection
- Move Element
- No Hold Element + Step Sequence
- Choice of: Rotating Element (Wheel) or Linear Element (Line)
- Choice of: Creative Element or Combined Element

Intermediate:

- Pivoting Element (Block)
- Traveling Element (Circle)
- Intersection Element + Point of Intersection
- Move Element
- No Hold Element + Step Sequence
- Choice of: Rotating Element (Wheel) or Linear Element (Line)
- Choice of: Synchronized Spin Element or Pair Element
- Choice of: Creative Element or Combined Element

Open:

- Pivoting Element (Block)
- Traveling Element (Circle)
- Intersection Element + Point of Intersection
- Move Element
- No Hold Element + Step Sequence
- Choice of: Rotating Element (Wheel) or Linear Element (Line)
- Choice of: Synchronized Spin Element or Pair Element
- Choice of: Creative Element or Combined Element

Adult Class I:

- Pivoting Element (Line)
- Traveling Element (Circle)
- Intersection Element + Point of Intersection
- Linear Element (Block)
- Rotating Element (Wheel)
- Choice of: Move Element or Synchronized Spin Element or Pair Element
- Choice of: Creative Element or Combined Element

Adult Class II:

- Pivoting Element (Line)
- Traveling Element (Circle)
- Rotating Element (Wheel)
- Intersection Element + Point of Intersection
- Linear Element (Block)
- Choice of: Creative Element or Combined Element

Adult Class III:

- Pivoting Element (Line)
- Rotating Element (Circle)
- Linear Element (Block)
- Intersection Element
- Rotating Element (Wheel)