



# The Path to the Games: Skate Canada Nova Scotia's 2019 Canada Winter Games Pathway



# SCNS Canada Winter Games Committee

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# Our Committee's Goals

- Raise money to help fund athlete training for the months leading up to the Canada Winter Games.
- Host mandatory training events.
- Implement the Canada Games Training Pathway.
- Select the best team yet to attend the 2019 Canada Winter Games!

# 2019 Canada Winter Games

- Red Deer, AB February 23<sup>rd</sup> – March 3<sup>rd</sup>, 2019
- Nova Scotia is able to send a team of 12 figure skaters
  - No more than a maximum of 6 boys; or
  - A maximum of 7 girls can be included in the 12.
- Skaters will reside in the Athlete's Village with a team coach and a team manager.

# Age Requirements

as of July 1<sup>st</sup> 2018

- 1. PRE-NOVICE EVENTS:
- a. SINGLES:
  - i. TEST: Must have passed the complete Junior Bronze Free Skating Test.
  - ii. AGE: Pre-Novice Singles competitors shall be under the age of 16 before July 1 preceding the event.
- b. PAIR:
  - i. TEST: Must have passed the complete Junior Bronze Free Skating Test.
  - ii. AGE: Pre-Novice Pair competitors shall be under the age of 18 before July 1 preceding the event.
- c. DANCE:
  - i. TEST: Must have passed the complete Junior Bronze Dance test or higher.
  - ii. AGE: Pre-Novice Dance competitors shall be under the age of 18 before July 1 preceding the event.
  
- 2. NOVICE EVENTS:
- a. SINGLES:
  - i. TEST: Must have passed the complete Gold Free Skating Test.
  - ii. AGE: Novice Singles competitors shall be under the age of 17 before July 1 preceding the event.
- b. PAIR:
  - i. TEST: Must have passed the complete Gold Free Skating Test.
  - ii. AGE: No age requirements.
- c. DANCE:
  - i. TEST: Must have passed at least two pattern dances from the Gold Dance Test or higher.
  - ii. AGE: Shall meet ISU Junior age criteria (maximum age limit only applies)

# Eligibility

- Skaters who are members of the 2019 Canada Games Prospects Team are eligible for selection;
- They must compete in Pre-Novice or Novice in the 2018/2019 skating season;
- Skaters must demonstrate commitment to the 2019 Skate Canada Nova Scotia Training Pathway;
- Skaters must attend all mandatory Canada Games Prospects Team Events\*

# Selection Criteria

- Nova Scotia skaters ranked first will be awarded 4 points, second 3 points, and third 2 points at both Sectionals and Challenge. The highest number of total points earned from Sectionals November 2018 and Challenge December 2018 gives a skater an opportunity at the Canada Games Team.
- In the event of a tie, the points achieved at Challenge will be weighted more highly, as it is a more accurate representation of a national competition.
- Consideration will also be given to relative placement at Challenge.
- The Committee will take into consideration the skater's commitment to mandatory Canada Games Prospects Teams events.

# Mandatory Canada Games Prospects Team Events

- Athlete/Coach/Parent information session on June 11<sup>th</sup> 2017 at the Canada Games Centre in Halifax. Skaters will undergo fitness testing from 10:00 to 3:00.
- First clinic with the entire Prospects Team - September 16<sup>th</sup> & 17<sup>th</sup> 2017.
- Training camp (off-ice or on-ice TBD)- December 29<sup>th</sup> & 30<sup>th</sup>, 2017.
- Acadia Seminar with entire Prospects Team- program simulations. This will be a weekend with skaters and coaches only. June 7<sup>th</sup> & 8<sup>th</sup>, 2018.



# Mandatory Canada Games Prospects Team Events

- Prospects team clinic - September 15<sup>th</sup> & 16<sup>th</sup>, 2018.
- Seminar with announced Canada Games team, team coaches and manager. December 28<sup>th</sup> & 29<sup>th</sup>, 2018.
- Sectionals November 2017 and Sectionals November 2018.
- All mandatory events that are determined by the Nova Scotia Canada Games Committee.

# Canada Games Training Pathway

- Please see [www.skatecanada.ns.ca](http://www.skatecanada.ns.ca) for more information.

# What Next?

- Discuss this information with your coach.
- Review the training pathway and mandatory Canada Games Prospect Team events.
- Complete the Canada Games Prospects Team 2019 Application form and return to the Skate Canada Nova Scotia office by April 22<sup>nd</sup>, 2017.