

# VALLEY SEMINAR

**PRESENTED BY: VALLEY REGION – SKATE NS**  
**At the KENTVILLE CENTENNIAL ARENA**

Friday, October 21<sup>st</sup> - 9:00 am to 5:00 pm  
and  
Saturday, October 22<sup>nd</sup> - 9:00 am to 2:00 pm  
(Times are approximate schedule will be confirmed after deadline)

for **STAR 2 - GOLD** level skaters

Seminar instruction will include  
A combination of  
**on-ice and off-ice sessions**

skater	cost
Valley Region Skaters	\$120.00
All other Skaters	\$150.00
Coaches	\$20.00

FOR INFORMATION CONTACT CHERYLE AT  
[isk8coachcher@gmail.com](mailto:isk8coachcher@gmail.com)



**KURT**  
**BROWNING**

4-Time World  
Champion



**DOUG**  
**HAW**

SC Level 5 and

register today  
spaces are limited

deadline  
September 30 2016

# 2016 VALLEY Seminar Application

OCTOBER 21<sup>ST</sup> AND 22<sup>ND</sup> 2016

Please print clearly - confirmations will be sent by email

SPACE IS LIMITED, GET YOUR APPLICATION IN EARLY

<b>Name</b>					
<b>Date of Birth</b>	d		m		y
<b>Address</b>					
<b>City</b>				<b>Prov.</b>	
<b>Postal Code</b>				<b>Tel.</b>	
<b>Email:</b>					
<b>Emergency Contact Name:</b>				<b>Tel.</b>	
<b>Name of Coach</b>				<b>Tel.</b>	
<b>Coach Email</b>					
<b>Will Coach be attending?</b>	Yes		No		
<b>Skate Canada No.</b>					
<b>Home Club name &amp; number</b>					
<b>COACH APPROVAL</b>					

Highest Freeski

SKATING LEVEL/CATEGORY  
FOR 2016/2017 SEASON

\*Skaters will be placed according to skill level and may be moved to a different group at seminar.\*

Skaters will be divided into 2 groups according to skill level and tests passed.  
The groups will be limited in size

**Registration deadline: September 30, 2016**

Circle appropriate registration fee and include **money order** payable to: **Valley Region Skating Committee**

Valley Skaters	Other Regions / Sections	Coaches
\$120.00	\$150.00	\$20.00

Send application to: **Valley Seminar, c/o Kentville Silver Gliders, P.O. BOX #2 Kentville, N.S. B4N 3V9**