



Summer School July and August 2016

Schedule (16 sessions)

Month	Tuesday	Thursday
July	5, 12, 19, 26	7, 14, 21, 28
August	2, 9, 23, 30	4, 11, 25
September		1

These dates may change due to changes in ice availability.

All skaters are required to pay a \$33 Skate Canada registration fee in addition to their session fee every September. This fee is not required if it was paid to another club or to Queens County Blades since September 2015.

Each skater is required to purchase \$50 of refundable tickets the day of registration.

Session fees may be divided into two equal payments. The first half of the session fee, the \$33 Skate Canada fee (if applicable) and the \$50 ticket fee are due at registration. A post dated cheque is required if paying registration fees in two payments. The second payment is due August 3. NSF cheques are subject to a \$25 charge.

Junior Development

For skaters in stages 5 and 6

16 sessions at 45 minutes each

Time 4:30 - 5:15

Fee - \$250 + \$50 tickets = \$300 (includes coaching fee)

Junior

For skaters that have passed Stage 6

Includes 16 sessions with 1.75 hours of on-ice, 45 min of off-ice and group coaching fees for fundamentals, stroking and off-ice.

Fee - \$450 + \$50 tickets = \$500

3:00 - 3:45 Off-ice

4:00 - 4:15 Spins

4:15 - 4:30 Fundamentals

4:30 - 5:15 Freeskate

5:15 - 5:30 Dance

5:30 - 5:45 Stroking

Senior

Skaters that have passed the complete Junior Bronze Freeskate Test

Includes 16 sessions with 2.5 hrs on-ice, 45 min off-ice and group coaching fees for edges/turns, fundamentals, stroking and off-ice.

Fee - \$550 + \$50 tickets = \$600

3:00 - 3:45 Off-ice

4:00 - 4:15 Spins

4:15 - 4:30 Fundamentals

4:30 - 6:00 Supper Break

6:00 - 6:15 Edges/Turns

6:15 - 7:15 Freeskate

7:15 - 7:30 Programming

7:30 - 7:45 Dance

7:45 - 8:00 Stroking