

2016 NS Athlete Representative Report

My name is Katherine Short, I newly filled the athlete representative position this year on the board. I was a competitive figure skater for 15 years representing the section at many national level events, and recently retired this past November. In addition to sitting as athlete representative on the board, I also am a member of the skater development committee, and helped develop the performance pathways.

As athlete representative I attended all the competitions this season including:

- NB Fall Skate
- NS/NB/PEI Sectionals
- NS Fall Skate
- Rob McCall Memorial
- NS STARSkate Provincials & Synchronized Championships
- World's Finest Chocolate Atlantic Canada Skating Championships

As well as attending these competitions, I held an on ice session and off ice Q and A session for the challenge team after sectionals. We had many new members to the challenge team this year so this day was great for them to get to know one another on and off the ice, as well as ask any questions that they may have had regarding the event.

As I was just coming into this position this year, we're hoping to take some ideas and make them come to life this upcoming year. My goals for the upcoming year would be:

- More seminars and clinics provincially
- Higher skater attendance at the monitoring
- Team training with the challenge team
- Incorporating a StarSkate provincial team similar to the challenge team

Here's to another great year,

Katherine Short