

Fall Program Schedule

CanSkate

Saturdays – September 19, 26; October 3, 10, 17, 24
9:30am to 10:20am (6 sessions)

Note: There is a 5 minute off ice warm up starting at 9:30am prior to the ice session.

Development

Saturdays – September 19, 26; October 3, 10, 17, 24
8:40am to 9:20am (6 sessions)

Junior STARskate

Mondays - September 14, 21, 28; October 5, 12, 19
5:30pm – 6:50pm (6 Sessions)

Saturdays – September 19, 26; October 3, 10, 17, 24
7:30am to 9:20am (6 sessions)

Senior STARskate

Mondays - September 14, 21, 28; October 5, 12, 19
4:00pm – 5:25pm (6 Sessions)

Saturdays – September 19, 26; October 3, 10, 17, 24
7:30am to 9:20am (6 sessions)



2015 Fall Skating Program September 14th to October 24th

BRIDGEWATER SKATING CLUB
P.O.Box 395

Bridgewater, NS B4V 2X6

www.bridgewaterskatingclub.com

email: bridgewaterskatingclub@gmail.com

www.facebook.com/BridgewaterSkatingClub

Skate Canada Club # 1000602

Lunenburg County Lifestyle Center



Program Fees and Information

CanSkate (6 sessions) \$95.

Development (6 sessions) (includes coaching) \$110.

Junior STARskate

Monday(6 sessions) \$170.

Saturday(6 sessions) \$190.

Both sessions \$335.

Senior STARskate

Monday(6 sessions) \$170.

Saturday(6 sessions) \$190.

Both sessions \$335

Registration – By Mail to the Club address before September 9, 2015 or in person at the first session. Lunenburg County Lifestyle Center. Late registrations accepted at each session.

All programs are subject to cancellation due to insufficient enrolment. Registration will be on a first come first served basis and maybe limited. The application will only be deemed accepted when accompanied by payment.

All cheques are to be made payable to the 'Bridgewater Skating Club'.

SKATE CANADA FEES (not included in program fees) \$33 for all skaters registering with BSC. All skaters must register as a member of Skate Canada for 2015-16.

Refunds will only be given with a medical certificate or in discretion of the Club. Refunds will be pro-rated based on the length of time the skater has attended the Program, less \$33 Skate Canada fees (BSC members only) if applicable and a \$25 administration fee. NSF cheques are subject to a \$50 charge.

The schedule is subject to change. Floods may be added as required based on ice condition. Skaters will be notified of changes on the Bridgewater Skating Club website and Facebook.

If you have any questions please see the Club website, contact the Club email bridgewater skating club@gmail.com or speak with a club representative at the beginning of each session.

CanSkate

Skate Canada's learn-to-skate program, designed for beginners of all ages. The program focuses on fun, participation and basic skill development. Ribbons and badges and other incentives are earned as the skater learns fundamental skating skills. Lessons are given in group format and led by a NCCP certified professional coach. The coach is assisted by trained Program Assistants. Skaters progress at their own rate and coaches makes sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning.

Development

This program is for any skater who has passed Stage 4 in the CANSkate program or is close to doing so and wants to learn more figure skating skills as they progress to the STARSkate Program. The skater can move up to Development at any point during the year. Development Program Fee includes ice and half hour Group Lesson (based on 6-8 skaters).

Junior and Senior STARskate

STARskate offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. This program teaches figure skating skills in a private lesson format in a progressive manner. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

Senior – Passed any part of the Junior Bronze Free Skate Test or higher.

Junior – Passed Stage 6.

StarSkaters to arrange private lessons directly with the coach.

Coaches:

Heidi Sparks: 356-2025; heidqcb@gmail.com

Guest Skating Fee ice may be booked at a cost of \$20.00 per hour based on availability.