

# Coastal Edge



Issue No. 7 October 2014



## Skate Canada Nova Scotia Names 2015 Canada Games Manager and Coaches

Cheryle Gaston has been named Manager. Cheryle is a Level 3 Coach with many years experience, coaching several skaters to the National Level. She attended the 1999

Canada Games in Corner Brook. Angie Coady-Pennigton is also a Level 3 Coach and has Coached at 2 previous Canada Games, 1999 in Corner Brook and 1995 in Grand Prairie. In 1983 in Quebec and 1987 in Cape Breton she and her dance partner Glenn MacCara brought home the gold to Nova Scotia. Our other Coach is John Mattatall. His most recent Canada Games experience was in 1999 as a skater. Since 1999 John has gone to many international competitions, including a 10th place finish at the 2009 World Championships.

Skater selection for the 2015 Canada Games in Prince George will be made in mid December at which time the Special Olympics Coach will also be named



## Minto Summer Skate Results

6th **Pre-Juvenile B** Kayla Deveau

13th **Pre-Novice Mens** Alexandre Robert

### **Pre-Novice Ladies Short Program**

16th Kelly Webb (Group 1)

5th Alyssa Cross (Group 2)

6th Gabrielle Levesque (Group 3)

9th Jasmine Levesque (Group 4)

8th Rebecca MacDonald (Group 5)

12th Sarah Meek (Group 5)

### **4th Junior Women Short**

Stephie Walmsley

5th **Novice Pattern Dance 1** Gina Cipriano and Bradley Keeping-Myra

6th **Novice Pattern Dance 2** Gina Cipriano and Bradley Keeping-Myra

6th **Novice Pattern Dance overall** Gina Cipriano and Bradley Keeping-Myra

8th **Novice Freedance** Gina Cipriano and Bradley Keeping-Myra

### **Pre-Novice Mens Free**

15th Alexandre Robert

### **Pre-Novice Ladies Free**

15th Kelly Webb (Group 1)

14th Alyssa Cross (Group 2)

11th Gabrielle Levesque (Group 3)

14th Sarah Meek (Group 3)

7th Jasmine Levesque (Group 4)

12th Rebecca MacDonald (Group 5)

### **3rd Junior Women Long**

Stephie Wamsley

## **Look who was at the BMO Centre**

Sydney Rankin and Rachelle Siteman spotted Sidney Crosby at the BMO Centre this summer. Apparently Nathan MacKinnon was also there but was more elusive.



## **Sorry Sidney But....**

## **HOCKEY? GREAT SPORT...**



## **BUT I CHOSE THE GLAMOR OF FIGURE SKATING**

Photo curtesy of Ken Chetwynd Photography

## Summer Sizzle Results

### **Pre-Juvenile U11**

8th Sarah Higdon

11th Megan Matlock

### **Pre-Juvenile U14**

13th Georgia Murray

### **Pre-Novice Ladies Short**

4th Jillian Matlock

11th Merilee Spears

### **Pre-Novice Ladies Long**

6th Jillian Matlock

13th Merilee Spears

### **Novice Women Short**

9th Hana Marmura

### **Novice Women Long**

7th Hana Marmura

## Thornhill Results

11th overall **Novice Ladies** Nikita White

\*\* If you competed at a Summer event and your results are not listed please contact Treena Landry so they can be included in the next edition of the Coastal Edge

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## Skater find success on the ice and in front of the camera

Alyssa Cross is pictured on the left in her Short Program at the Minto Summer Skate where she placed 5th in Pre-Novice Ladies Short program. This is Alyssa's first season as a Pre-Novice skater.

She has also been very busy off the ice and in front of the camera. She acted in 2 short films: "Something's Won't Sleep" and "When Fish Fly". She plays the lead in "When Fish Fly" and she received a nomination for a Joey Award for her work in this film.

Both films are making the Festival circuit now. They played at the Atlantic Film Festival, Parrsboro Film Festival and the Island Media Festival.

"When Fish Fly" played in San Jose on Thanksgiving weekend and received the Audience Choice Award. It is playing in LA the weekend of Oct 18th and in Hollywood the weekend of the NS Sectional Competition in Amherst. Congratulations Alyssa.

## Summer School Theme Days from Queens County Blades and Kentville Silver Gliders



Tight and Bright Day from Queens CB Summer School



Super Hero Day at Kentville Silver Gliders Summer School



A Little Throw Back Thursday from the Dynamic Coaching Duo of Ann and Cheryle on Retro day at KSG Summer School. Check out the CFSA Logo on Cheryle's Jacket

## New Contemporary Dance Music

Many Club's have begun to use the new contemporary dance music for their dance sessions and test days. The traditional classical music used for ice dance is ballroom style and was created many years ago. It is hoped that by using music that is familiar to the skaters that it will increase awareness in timing and enthusiasm for ice dance. Many coaches and skaters now have a renewed sense of interest in ice dance with the introduction of the contemporary music. Skate Canada has compiled a list of the songs that are to be used and which dances they can be used for. It is the responsibility of the Club's to download the music or purchase the CD's and create discs or playlists for use at their arenas. Clubs must download the exact version as indicated on the playlist as remixes may have a different tempo. Each year Skate Canada plans to review the list and add new pieces that can be used, as appropriate. During Test Days the skater has the option of using the contemporary music or the traditional music. The skaters choice should be relayed to the Test Chair when the skater arrives on the day of the Test. There has been overwhelmingly positive feedback received on the use of contemporary music on dance sessions and test days. Skaters enjoy skating to music they know. They are increasingly interested in performing the dance and are becoming more aware of the beat/tempo. Please visit [info.skatecanada.ca/Programs/STARSkate Program/Contemporary Music for Pattern Dances](http://info.skatecanada.ca/Programs/STARSkate Program/Contemporary Music for Pattern Dances). At the bottom of the article is a link for the excel spread sheet which contains the list of the dances and links to itunes for purchasing.