

Skate to WIN Skate for LIFE



As we heard from Patricia Chafe's presentation at the Skate NS AGM Skate Canada's 2014-2018 Strategic Plan is Skate to Win and Skate for Life.

Along this note we would like to congratulate Donald Murray and Heather Dawe on their accomplishments at the 2014 Skate Canada Adult Figure Skating Championships which were held on March 28th to 30th in Regina, Sask.

Donald Murray placed 1st in Gold Men's Freeskate Class III-IV and 3rd in Bronze

Men's Interpretive Class I-IV. Heather Dawe placed 6th in Competitive Women's Freeskate Class I and 5th in Gold Women's Interpretive Class I. Nova Scotia will have it's largest team travelling to Oberstdorf, Germany for the ISU Adult World Skating Competitions on May 27th to June 1st. Good Luck to Donald Murray, Heather Dawe, Kate McInnis, Jennifer Powell and the Scotian Waves Synchro Team from SMB Skating Club. We are proud to have you representing NS!

NS Podium Finishes from World's Finest Chocolates

Juvenile Women (U14)

3rd Jessica MacIntosh

Pre-Juvenile Women (U11)

3rd Megan Matlock

Star 5 Girls (U10)

2nd Madison Chiasson

Gold Women

3rd Clare Amirault

Novice Women

2nd Hana Marmura

Pre-Juvenile Men

3rd Dawson Munro

Pre-Novice Women

1st Deonna King

2nd Sydney Rankin

3rd Jillian Matlock



NS Skaters swept the podium in the Pre-Novice Women's Event. Pictured to the left are Deonna King from the Canso Flying Figure SC, Sydney Rankin from the St Margaret's Bay SC and Jillian Matlock from the Mariposa East SC



Awards and Pins Presented at Skate NS AGM and Awards Gala

Several Awards and pins were presented at the AGM and the Awards Gala on May 3rd at Cole Harbour Place

Skate Canada Section Officials Award

Susan Casey

Skate Canada Volunteer Coach Award

Bev Harty

Skate Canada Club and Recreational Coach Award of Excellence

Renee Walker

Skate Canada Volunteer Award of Excellence

Tammy Conistis

Chairperson's Award

David Clattenburg

Skate Canada Section Volunteer Award (3 way tie)

Heather Creamer

Krista Lunn

Darlene Redden Graves

Overlooked Person

Jackie Atkinson

Skate Canada CompetitiveSkate Athlete Award

Renee Fitzgerald

Test Achievement Award Sarah Meek

Skate Canada Section CanSkate Athlete Award Nathalie Cromwell

Skate Canada Section STARSkate Athlete Award

Rosalie Pellerin-MacDonald

Skate Canada Section Program Assistant Award (2 way tie)

Emily Gerhardt

Alicia MacMillan

10 Year Pin presented to

Jennifer Garvey

20 Year pin presented to

Sarah Jane Raine

Goal Setting is an important part of being a successful skater. Have you set your goals for today, tomorrow and this skating season?



If you have any stories or information you would like to see in the Coastal Edge please email tvlandry@eastlink.ca

Canada Games Clinic April 19th and 20th with Susie and Bryce



Pictured to the left is Susie McGrigor with several skaters who took part in the Canada Games Clinic held on April 19th and 20th in Greenwood. Although no snow storms or state of emergencies were declared it did take some quick thinking on Cheryl Gaston's part to find a place for the skaters to sleep. The original idea was to have the skaters sleep in the barracks at CFB Greenwood, but this ended up not being possible. However Cheryl found the skaters a fun place to sleep!! Roo's Playhouse at the Greenwood Mall



Axel Masters Clinic with Ben Ferriera



An Axel Masters Class Clinic with Ben and Jadene Ferriera was hosted by SMB Skating Club on April 26th. Ben had his "Dartfish" video software analysis on hand so skaters could see how their air position in the axel looked and were able to compare it to top world class skaters. He was able to tell skaters their air time on the single axel and the air time needed for a double axel. This allowed them to better able visualize where they were in their training of the jump. Jadene did Choreographers Corner sessions which explored the use of transitions and patterns to enhance the skaters performance. It was an excellent clinic where the skaters and coaches learned a great deal and had fun while doing it. Thank you to Charlene and SMB Skating Club for organizing this opportunity for the skaters!